



Dance Studio Alliance Health Regulations Summary Chart of Key Elements

Updated November 10, 2020

	<u>Mandatory</u>	<u>Recommended Best Practices</u>
Operational Activity	<ul style="list-style-type: none"> • Modify scheduling and appointments to allow for ingress/egress which minimizes crowding and allows for physical distancing. • Disable water fountains and showers. • Pre-Registration must be required for entrance into the facility. • Limit in person presence to those staff who are deemed necessary to the workplace. Ensure a minimum of 6 feet distance between workstations. • Adjust workplace hours and reduce on site staff to accommodate for physical distancing guidelines. • Allow employees to work from home as necessary. The facility should provide the business infrastructure for remote work (e.g., media storage space, ZOOM accounts). 	<ul style="list-style-type: none"> • Limit dressing room use- encourage dancers to arrive at the facility in their dancewear. • If lockers are located separately from the dressing room/restrooms ensure that physical distance of 6 feet apart can be maintained by individuals at all times while utilizing lockers. Section off lockers or limit the number of lockers available for use as necessary. • Contactless check-in and purchases are encouraged. • Limit the sharing of objects such as computers, keyboards, and any other high touch surfaces. When in contact with frequently touched common objects or surfaces, require staff to sanitize or wash their hands before and after contact. Regular disinfection of high touch surfaces and objects should be required. • Limit in-person small group meetings, and if they can not be avoided, ensure a minimum of 6 feet distance between meeting attendees as well as mandatory mask usage.
Physical Distancing	<ul style="list-style-type: none"> • Within a confined space where the activity of dance is being performed, individuals must maintain 8 feet of physical distance from one another at all times. • Within a confined space where the activity of dance is not being performed, individuals must maintain 6 feet of physical distance from one another at all times. 	<ul style="list-style-type: none"> • Limit the use of elevators except for persons with disabilities; ensure a minimum of 6 feet distance can be maintained between riders. • Whenever possible, designate a separate entrance and exit into the facility and/or studio space. If this is not possible, stagger entrance/exit times to limit bi-directional cross traffic.

	<ul style="list-style-type: none"> • People flow should be managed to limit bi-directional foot traffic. Hallways, stairwells, lobby areas, shared spaces, entrances/exits should be mapped to ensure physical distancing is maintained and group gathering is eliminated. • An Ingress/Egress Floor Plan of the facility should be created and updated as changes are made. The Floor Plan should be accessible to individuals both online and posted visibly within the facility. • Reduce the number of people on site to a maximum of 33% of total usable space occupancy. In order to mitigate risk of a COVID-19+ outbreak, taking precautions to strictly limit the total number of people on site is recommended- especially in the preliminary reopening stages. • Designate a teaching zone with a minimum of a 10 foot perimeter between the teacher/facilitator and any other individual in the space. 	
<p>Capacity</p>	<ul style="list-style-type: none"> • If the activity of dance is taking place within the facility, the maximum capacity should be reduced to 33% of the usable space occupancy. • If the activity of dance is not taking place within the facility, the maximum capacity should be reduced to 50% of the usable space occupancy. 	
<p>Ventilation</p>	<ul style="list-style-type: none"> • Ensure that central HVAC system filtration meets the highest rated filtration compatible with the currently installed filter rack and air handling systems, at a minimum MERV-13 or industry equivalent or greater (e.g., HEPA). • If the central HVAC system cannot handle the aforementioned minimum level of filtration (MERV-13 or greater), certification and documentation should be attained. 	<ul style="list-style-type: none"> • Increase the amount of fresh air flow through open doors and windows whenever possible. <ul style="list-style-type: none"> ○ If HVAC is not left on overnight, increase air flow through the space with open doors and windows provided there are no safety or sanitary hazards. • Disable demand controlled ventilation and increase ventilation rates and

<p>Hygiene, Cleaning, and Disinfection</p>	<ul style="list-style-type: none"> ● For facilities that do not have HVAC systems installed or do not control the central air handling system in their designated space, additional ventilation and filtration mitigation protocols should be followed. ● Use of portable air sanitizers (e.g., electric HEPA units) should be required when HVAC systems have not been installed in a space. <ul style="list-style-type: none"> ○ For use of Air Sanitizers within the facility, ensure a minimum of one of the following is included: (a) UV Light; (b) Ionizer; (c) HEPA Filter <hr/> <ul style="list-style-type: none"> ● Place hand sanitizer (with an alcohol content minimum of 70%) prominently throughout the space. Ensure the dispensers are regularly refilled. ● Require mask usage in restrooms as an additional safety measure; when a toilet is flushed the COVID-19 viral load can accumulate in the air. ● Studio spaces should be cleaned after each use. If the individuals in the room change (e.g. dancers in a class or rehearsal leave and new dancers enter), the room should be disinfected (floors, barres, mirrors, electronic equipment) before the next use. ● Promote regular handwashing by all individuals who enter the facility. ● Display posters and signage around the facility promoting proper handwashing, and ensure that there is accessibility for individuals to wash their hands frequently with soap and water. ● Promote the message that individuals should stay home when feeling ill. ● Increase and maintain regularly scheduled cleaning and disinfection protocols throughout the facility. Special attention should be given to high touch surfaces and frequently accessed areas. 	<p>outdoor ventilation rates whenever possible.</p> <ul style="list-style-type: none"> ● Keep systems running longer, before and after occupancy. ● Maintain regular inspections of systems to ensure that filters are properly operating, serviced, and within service life. <hr/> <ul style="list-style-type: none"> ● Reduce the number of surface areas whenever possible (e.g., put away folding tables and chairs, remove unnecessary equipment, close off cubby holes, put away shelving units). Restrict access to surfaces that individuals may touch.
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	<p>Disinfectants used should be registered by the Department of Environmental Conservation and identified as effective by the EPA.</p> <ul style="list-style-type: none"> • Increase and maintain regular cleaning and disinfection of restrooms. Restrooms should be cleaned and disinfected regularly and depending on frequency of use. • Studio spaces should be cleaned after each use. If the individuals in the room change (e.g. dancers in a class or rehearsal leave and new dancers enter), the room should be disinfected (floors, barres, mirrors, electronic equipment) before the next use. • A minimum of 15 minutes should be allotted between studio use to allow for cleaning and dissipation of airborne virus. Additional time may be needed depending on the number of individuals in the room and their activity level. Ensure that scheduling allows for the additional cleaning and disinfection time. • Maintain a cleaning and disinfection log which complies with NYS requirements on regular cleaning and disinfection of facilities, equipment, and high touch surfaces. See appendix for example. 	
<p>PPE</p>	<ul style="list-style-type: none"> • Face coverings (masks) should be required for entrance into the facility. Masks should remain on at all times, including while dancing. • Masks (including child size masks if the facility accommodates children) should be available on site in the event that a mask breaks or does not adequately fit the individual. • Face coverings (masks) should be required for staff at all times. The limited exception may be working alone in an office. • Staff should be provided with PPE at no cost, including and not limited to masks, 	

<p>Testing and Monitoring</p>	<p>shields, and gloves for cleaning and disinfection procedures. Staff should be allowed to wear their own face coverings, but must not be required to do so. Additionally, staff should be permitted to utilize their personally owned protective coverings (e.g., face shields, respirators).</p> <ul style="list-style-type: none"> • Staff should be trained on how to safely and properly wear, clean, and/or dispose of PPE. <hr/> <ul style="list-style-type: none"> • Create and implement mandatory health screening protocols. • All individuals who enter the facility should be screened using a questionnaire that determines: a) has the individual been in close or proximate contact with anyone who has tested positive for COVID-19 or who has or had symptoms of COVID-19 in the past 14 days; b) tested positive for COVID-19 in the past 14 days; and/or c) has experienced symptoms of COVID-19 in the past 14 days. • Require all individuals who enter the facility to report if any of their survey responses change within 72 hours of their most recent visit to the facility (e.g., if they begin to experience COVID-19 symptoms). • Temperature checks should be required for entry into the facility. • Individuals must submit contact information for the purpose of contact tracing for entrance into the facility. • Work cooperatively to notify the state and local health departments immediately upon being informed of a positive COVID-19 test result by any individual who entered the facility. • The facility should have a designated point of contact (which may vary based on shift or day as necessary). The point of contact should be responsible for 	<hr/> <ul style="list-style-type: none"> • Screenings should be completed remotely (electronic survey) before an individual enters the facility. • RT-PCR testing may be required at the discretion of the facility for various purposes including and not limited to adoption of a “bubble” strategy. If testing is to be required, the facility must define why testing is required, who will be tested, when they will be initially tested, frequency of testing, and what actions will be taken based on test results. • At a minimum, the facility should maintain a frequently updated resource list for testing and healthcare- including a list of free or low cost testing services. Should a person screen positive for COVID-19, they should be provided with this resource list. • If necessary, arrange for a separate email address for the designated point of contact. • A survey screening log should be kept by the designated point of contact and should confirm that all individuals who entered the facility filled out a health survey and passed a temperature check before being granted entry onto the facility premises.
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<p>Containment and Shutdown</p>	<p>receiving and attesting to having reviewed all health screening surveys as well as being identified as the party for individuals to contact if they are later experiencing COVID-19 related symptoms as stated in the survey.</p> <ul style="list-style-type: none"> ● If an individual is suspected or confirmed to have a positive case of COVID-19, close off any areas used by the individual. The facility does not need to be shut down if the affected areas can be closed off. If the affected areas can not be isolated, shut down all operations. ● If more than seven days has passed since the person suspected or confirmed to have COVID-19 entered the facility, 24 hour closure and additional cleaning and disinfection is not necessary. However, regular cleaning and disinfection should continue. ● The central point of contact should work with state and local health departments to trace and notify all contacts who entered the facility or interacted with the COVID-19+ individual dating back to 48 hours before the COVID-19+ individual began experiencing COVID-19 symptoms or tested positive (whichever is earlier). ● When can an individual return to the facility after contracting COVID-19: <ul style="list-style-type: none"> ○ The individual must a) have no fever for 72 hours without use of antipyretic medication (fever reducer), improved symptoms, and that 14 days have passed since symptoms first appeared; OR b) the individual must have no fever for 72 hours without use of antipyretic medication (fever reducer), improved symptoms, and a negative test result. 	
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<p>Communication</p>	<ul style="list-style-type: none"> ● Signage should be required throughout the facility which informs and reminds individuals of the following (at a minimum); signs may be self designed and must be consistent with DOH COVID-19 signage and should include images as well as text: <ul style="list-style-type: none"> ○ Stay home if sick ○ Wear a mask properly ○ Quarantine if you have traveled to an area on the DOH travel advisory list ○ Properly clean or discard of PPE ○ Adhere to social distancing ○ Report symptoms of or exposure to COVID-19 and point of contact information ○ Follow hand hygiene and cleaning/disinfection guidelines ○ Follow respiratory guidelines and cough etiquette ○ Occupancy limits in each space based on activity ● Ensure that communication is clear with all individuals who enter the facility. Point of contact information should be shared, and individuals should know who to report to in the event of symptoms or possible exposure to COVID-19. ● Maintain clear communication and contact tracing within the facility. ● Individuals must sign a waiver/agreement before entering the facility. At a minimum, the waiver should ask the individual to: 1) acknowledge and agree that they are assuming additional risk by entering the facility and engaging in the activity of dance; 2) that they are practicing all recommended and mandated COVID-19 health and safety measures at all times inside and outside the facility. 	<ul style="list-style-type: none"> ● Regularly update online bulletin boards or email blasts which clearly inform individuals of updated COVID-19 procedures, regulations, and/or news related to the facility and its management of the COVID-19 health emergency. ● If an individual is unable to wear a mask due to respiratory health issues, they should be encouraged to stay home and participate in the dance activity remotely.
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